

But deliver us from evil

Some translations of the Bible say “deliver us from evil” and others say “deliver us from the evil one.” Both are necessary. Thankfully, our Heavenly Father is our strong deliverer according to Psalm 140:7, mighty and able to save.

In fact, He has already saved us. While we were still sinners, tempted to go our own way and disobey God, Jesus died for us. He defeated the evil one on our behalf by His death on the cross.

Because Jesus died a sacrificial death for our wrongdoings, we can have a relationship with God. He wants a relationship with each one of us. He promises never to leave us and is always there, no matter what our circumstances.

Not only is He with us as we face evil, He empowers those who believe in His Son Jesus with His Holy Spirit. The Spirit provides wisdom and understanding for resisting the enemy and temptation in its many forms.

He equips us for this spiritual battle with spiritual armor. Ephesians 6:10-18 says “Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people. “

The battle and the victory belong to the King of glory, the Lord strong and mighty. Jude 24-25 expresses it in these words: “Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory with exceeding joy. To the only wise God, our Saviour, be glory and majesty, dominion, and power, both now and ever. Amen.”

Take time to

- Learn God’s word from memory and apply it when you are tempted
- Practice using your spiritual armor: the belt of *truth*, the breastplate of *righteousness*, shoes of the *gospel of peace*, the shield of *faith*, the helmet of *salvation*, the sword of the Spirit (*the word of God*) as mentioned in Ephesians 6:10-17
- Pray in the Spirit on all occasions with all kinds of prayers and requests

Pray “Our Father in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we also have forgiven our debtors. Lead us not into temptation but deliver us from evil.”